

Parenting Class!

**February 9th – March 15th
Thursday Evenings, 5:30 – 7:00 pm**



\$45 per Individual
Some scholarships may be available.

Space is limited.
Call to register today!

For More Information Contact:
Pennock Center for Counseling
211 S. 21st Avenue
Brighton, CO 80601
303-655-9065, Ext. 2 (Christy) or Ext. 4 (Liz)
www.pennockcounseling.org

This six week parenting class is for parents with adolescents twelve and older. This class provides tools and techniques that help parents develop respectful, healthy relationships with their teen. Parents will gain information regarding communication and listening skills, setting and maintaining appropriate, age-specific boundaries, expectations, and choices, learn how to talk about the “tough stuff” (drugs, sex, and gangs), as well as self-care techniques for parent’s needs and wants. Classes utilize Love & Logic parenting

