

# Transitions Through Grief



## Support Group

This six-week grief support group will provide education and support to aid adults through the grieving process in an accepting, confidential setting. Having the support of others who know what you are experiencing, in a group setting, can bring great comfort. We are able to provide this group at no charge thanks to a generous community donation.

If you have questions or would like to register, please contact Susan at 303.655.9065, Ext. 4 or Jennifer at Ext. 8.

Advanced registration is required.

**What:** Transitions Through Grief Support Group

**When:** Thursdays, February 2nd - March 8th

**Where:** **Pennock Center for Counseling**  
211 S. 21st Avenue (21st & Egbert)  
Brighton, CO 80601

**Time:** 5:30pm - 7:00pm

For more information, please visit us at [www.pennockcounseling.org](http://www.pennockcounseling.org) or call us at 303.655.9065.